

## Garbage and Recycle Holiday Make-Up Schedule

### Monday Pick-Up

- New Year's Day: January 1 will be picked up on Wednesday, January 3.
- Martin Luther King, Jr. Day: January 15 will be picked up on Wednesday, January 17.
- Memorial Day: May 28 will be picked up on Wednesday, May 30.
- Labor Day: September 3 will be picked up on Wednesday, September 5.
- Veterans Day: November 12 will be picked up on Wednesday, November 14.

### Tuesday Pick-Up

- New Year's Day: January 1, 2019 will be picked up on Wednesday, January 2, 2019.

### Thursday Pick-Up

- Thanksgiving: November 22 will be picked up on Wednesday, November 21.

### Friday Pick-Up

- Good Friday: March 30 will be picked up on Wednesday, March 28.
- Thanksgiving: November 23 will be picked up on Wednesday, November 21.

\*\*Town Administrative offices will be closed for Christmas Monday, December 24-Wednesday, December 26. The make-up days for Monday and Tuesday will be in the November/December 2018 Bon Accord.

## Ways to be connect with the Town of Aberdeen

There are many ways for citizens to be informed of activities, news, programs and emergencies in the Town of Aberdeen.

The first is the Town website, [www.townofaberdeen.net](http://www.townofaberdeen.net), where all Parks & Recreation athletics, activities, and special events are listed, Town Board and Commissions meetings are advertised, any news that may be pertinent to citizens, information about water main breaks that may result in water being turned off, and more.

The second is to like and follow the Town on Facebook @[TownofAberdeenNC](https://www.facebook.com/TownofAberdeenNC).

 News, Parks & Recreation activities and athletics, information about water main breaks, any emergency announcements, and employment opportunities are posted to the Facebook page.

The third is to follow the Town on Instagram @[townofaberdeen](https://www.instagram.com/townofaberdeen).

 Parks & Rec events and athletics, employment opportunities, and other happenings in Town are posted.

The fourth way is CodeRED. CodeRED is an emergency notification service that the

 Town uses to send messages of water main breaks in areas that require water to be shut off and the Police and Fire Departments use

CodeRED to inform citizens of police activity in certain areas or other emergencies. Citizens can sign up for CodeRED by visiting the Town's website [www.townofaberdeen.net](http://www.townofaberdeen.net) and click on the CodeRED logo at the bottom left side of the homepage. You will be required to enter your name, resident or business address, and at least one phone number. You can enter multiple phone numbers and email addresses. This service is free for citizens to sign up.

The fifth way is to sign up for Nixle. Nixle is a community notification system that the Police Department uses to notify citizens of emergencies such as serious accidents, road closures, missing person, and police activity in your area, just to name a few. Citizens can sign up for Nixle by sending a text message to 888777 and in the body of the message enter the Aberdeen zip code 28315 and hit send. Citizens will then receive a confirmation text that you have signed up. Citizens can also sign up at [www.nixle.com](http://www.nixle.com) and enter your email address to receive email notifications.

If you need more information or have questions on how to sign up for any of these ways of communication contact the Town at 910.944.1115.

## Paperless Billing – Sign up Now!

The Town will be transitioning to new software that will give citizens an option to receive their water bill and 2<sup>nd</sup> notices by email and no longer receive a paper bill. This service will start with the May 1<sup>st</sup> bill. If you are interested in going paperless, send your email address to one of the following:

- 1) Email Shelbi O'Brien, Finance Technician, at [sobrien@townofaberdeen.net](mailto:sobrien@townofaberdeen.net).

- 2) Call the Water Department at 910.944.7799.
- 3) Send a private message through the Town of Aberdeen Facebook page at <https://www.facebook.com/TownofAberdeenNC/>.
- 4) Send a private message through the Town of Aberdeen Instagram @[townofaberdeen](https://www.instagram.com/townofaberdeen).



# Bon Accord

ISSUE January & February 2018



## Christmas Tree Disposal

There are a couple of ways to dispose of live Christmas trees. The Town will pick up all live trees that are placed at the curb. All business owners need to make sure to not leave discarded Christmas trees behind their business.

Keep Moore County Beautiful is sponsoring a Christmas tree recycling program to run through January 6<sup>th</sup>. Citizens can take their Christmas tree Monday through Saturday from 7:30 a.m. – 7:00 p.m. to the following locations:

- Moore County Landfill  
456 Turning Leaf Way,  
Aberdeen, off HWY 5  
910.295.4202
- Carthage Collection Site  
5361 US HWY 15-501 S.,  
Carthage  
910.947.2704

## Winterize Your Irrigation System

If you have an RPZ valve installed on your water line, it is your responsibility to make sure that it is properly insulated for extreme low temperatures.

If your valve is tied off of your water line to your house to serve an irrigation system, swimming pool, or other non-sewered service then you should cut the valve off and properly drain it for the winter. A new law became effective July 1, 2010 that all homes are required to have a separate water meter if you have in-ground irrigation or swimming pool.



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## Message from Town Manager

We want to wish all a happy holiday season and thank you for being part of the Town of Aberdeen. Employees and volunteers collected a large pot of money and were able to fund Christmas for three local families in need this year! All three families were extremely grateful for the generous donations from our Town staff. The families plan to keep the gifts a surprise from the children until Christmas morning. Thank you to everyone who helped to make this endeavor a success!

As a round-up for this year, I wanted to note a few achievements by the Town for the 2017 year. Earlier this year the Town Board approved a budget that funded several worthwhile projects in the Planning and Parks & Recreation Departments without raising our property taxes. These new projects include multiple sidewalk and downtown street improvements, funding of several downtown master plan items, new playground equipment, improvements to the trail system around the Town Lake, and a new maintenance facility at Colonial Heights Park. The Departments also worked together to kick-off new programs and events such as the re-established Main Street Program, Blues and Brews Festival this spring, and the summer concert series in downtown Aberdeen.

Other improvements for this year in the public safety area include 5 replacement vehicles for the police department, the ordering of a new fire engine, acquisition of the old Crestline fire facility and its conversion into Aberdeen Station #2, funding of preliminary plans/options for a new police facility, and the award of 6 new firefighters under the SAFER Grant Program.

The Town also was awarded FEMA funding this year in the amount of \$437,000 to conduct repairs to the Lake Dam that was damaged during Hurricane Matthew in 2016 – these repairs will start this spring. The Public Works Department is presently replacing a water line on Devonshire Trail and has initiated a new downtown maintenance program. The Water and Sewer Department also is aggressively reviewing a new water meter reading system along with keeping up with its standard repairs and maintenance.

Toward the end of this calendar year, Town staff has been transitioning into a new financial system that will make our Town more efficient and better serve our residents. Finally, it was great to see all of the community out for our tree lighting event and, of course, the tremendous turnout for this year's Reindeer Fun Run in downtown Aberdeen. Happy Holidays to All!

## Reindeer Fun Run

Aberdeen Town Officials, the Aberdeen Planning Department, the Reindeer Fun Run organizers, and the Boys & Girls Clubs of Aberdeen and Southern Pines would like to extend their sincere thanks to citizens and businesses of Aberdeen for supporting this annual event. This year's Run took place on Saturday, December 2<sup>nd</sup> and hosted over 1,800 participants, many with family and friends joining to cheer them on from the sidelines. Aberdeen's Police Department works extremely hard to keep all safe during this event and to minimize disruptions to the traveling public. The Reindeer Fun Run is the local Boys & Girls Club's single largest fundraiser, having raised over \$264,000 for this group to date.

To find more information about the Reindeer Fun Run, including volunteer opportunities for next year's event, please visit [www.reindeerfunrun.com](http://www.reindeerfunrun.com).

## Due Dates for Water Bills

### Late Fees

\$5 or 5% late fee added for those bills not paid by 5:00 p.m. on January 20.

### Disconnection

Accounts with an outstanding balance will have a \$25 fee added for those bills not paid by 5:00 p.m. on February 5 and disconnected February 6.



### Chair Exercise

Increase your muscle strength, circulation, range of motion, and get on the right track to a healthier lifestyle. By getting up in the morning and exercising you have just boosted your metabolism, alertness, and energy levels. Sessions are held monthly on Tuesdays and Thursdays 10:30 a.m. – 11:30 a.m. Registration fees are \$2 for residents and \$5 for non-residents.

### Tai Chi

Join Master Lee Holbrook as he teaches the fundamentals of tai chi and helps alleviate stress and anxiety and improves mood and joint pain. Sessions are held on Tuesdays from 1:00 p.m. – 2:00 p.m. Registration fees are \$21 for residents, \$32 for non-residents.

### Zumba

Enjoy Zumba classes at the Recreation Center Tuesday and Thursday evenings at 6:30 p.m. with instructor Natasha Brown. Registration fees are \$30 for residents and \$45 for non-residents per month.

### PiYo

This workout combines the core-firming, muscle-

sculpting benefits of Pilates with the strength and flexibility advantages of Yoga. This is a perfect combination for a low impact workout that works with your own body weight from head to toe and promotes complete relaxation of the mind and body. Join instructor Grace Dumayas every Monday from 6:45 p.m. - 7:45 p.m. Registration fees are \$25 for residents and \$38 for non-residents.

### Spring Break Camp

Open to ages 5-12, this camp runs during the week of Moore County Schools' spring break week. Camp is April 17 – April 21 from 7:45 a.m. – 5:30 p.m.

Campers will take field trips around the county and Raleigh and many other fun activities. Children are required to wear closed toe shoes through the duration of camp and must bring their own lunch, snacks, and water.

### Youth Kickball

Come join Aberdeen Parks and Recreation Department's Youth Kickball league. Youth will learn and enjoy the playground game of kickball! Age groups will consist of co-

## Parks & Recreation Programs & Athletics

Programs offered for all ages!

ed 4-6, 7-9, and 10-15 year olds. Practices and games will be held at Colonial Heights Park on Tuesday and Thursday evenings. Practices will begin March 20<sup>th</sup>. Registration will run through March 9<sup>th</sup>. Fees are \$12 for residents and \$25 for non-residents.

### Adult Dodgeball

Want an activity where players will be dodging, ducking, dipping and diving? We will be providing it! Our Adult Dodgeball League will allow you to put to rest any stinging memories of dodgeball from your youth, and start fresh, for a fun full-body exercise. Come by the Aberdeen Recreation Center to pick up your team registration form. Participants will need to form their own teams, purchase their own uniforms and enjoy the thrilling and intense sport of Dodgeball. Games will be played on Tuesday and Thursday nights. Practices begin February 13<sup>th</sup> and the first scheduled game is set for February 20<sup>th</sup>. Registration deadline is February 2<sup>nd</sup>. Team fees are \$200 with \$10 per non-resident player.



## Carbon Monoxide Safety

With the colder weather settling in, please be aware of the following carbon monoxide safety tips!

### Safety Tips

CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes, or standards. For the best protection, interconnect all CO alarms throughout the home. When one sounds, they all sound.

- Follow the manufacturer's instructions for placement and mounting height.
- Choose a CO alarm that has the label of a recognized testing laboratory.
- Call Aberdeen Fire Department's non-emergency number (910.944.7888) to find out what number to call if the CO alarm sounds.
- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the Fire Department at 910.944.7888.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel arrives.
- If you need to warm a vehicle remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine motor indoors, even if the garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for

the dryer, furnace, stove, and fireplace are clear of snow build-up.

- A generator should be used in a well-vented location outdoors away from windows, doors, and vent openings.
- Charcoal grills can produce CO – only use outside.

### Symptoms of CO Poisoning

CO enters the body through breathing. CO poisoning can be confused with flu symptoms, food poisoning and other illnesses. Some symptoms include shortness of breath, nausea, dizziness, light headedness or headaches. High levels of CO can be fatal, causing death within minutes. Signs of Co poisoning are:

- Mild headache after 2-3 hours of exposure.
- Headache and nausea after 1-2 hours of exposure.
- Headache, nausea, and dizziness after 45 minutes; collapse and unconsciousness after 1 hour of exposure.
- Loss of consciousness after 1 hour of exposure.
- Headache, nausea, and dizziness after 20 minutes of exposure.
- Headache, nausea, and dizziness after 5-10 minutes; collapse and unconsciousness after 30 minutes of exposure.
- Headache and dizziness after 1-2 minutes; unconsciousness and danger of death after 10-15 minutes of exposure.
- Immediate physiological effects, unconsciousness and danger of death after 1-3 minutes of exposure.

## Your Government

Board of Commissioners Work Session

2<sup>nd</sup> Monday | 6:00 p.m.  
Town Hall Conference Room  
January 8<sup>th</sup> & February 12<sup>th</sup>

Board of Commissioners Meeting

4<sup>th</sup> Monday | 6:00 p.m.  
J. Curtis McInnis Board Room  
January 22<sup>nd</sup> & February 26<sup>th</sup>

Planning Board Meeting

3<sup>rd</sup> Thursday | 6:00 p.m.  
J. Curtis McInnis Board Room  
January 18<sup>th</sup> & February 15<sup>th</sup>

Have agendas delivered directly to your inbox. Sign up for E-news at: [www.townofaberdeen.net](http://www.townofaberdeen.net).

## Town Hall Closing

- In observation of Martin Luther King, Jr. Day, Town administrative offices will be closed Monday, January 15, 2018.

There will be no garbage/recycle pick-up on January 15<sup>th</sup>; the make-up day will be Wednesday, January 17, 2018.